

Papaya muesli bowls

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Papaya muesli bowls

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Brighten up your morning with these easy and delicious papaya muesli by Nadia Felsch.

(Serves 2)

- 1 small papaya
- 1 cup Greek yoghurt
- ½ punnet (125 g) strawberries, washed and halved
- ½ punnet (65 g) blueberries
- ½ cup muesli

Ingredients

- Halve the papaya and scoop out and discard seeds.

Method

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Divide yoghurt between papaya bowls (spooning in to the cavity in the centre).

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Recipes and food photography: **Nadia Felsch**